



Self-harm Presentation

- 30-minute presentations/discussion
- Help raise awareness of an issue that may affect some students
 - Provide some guidance on how to respond/help if a student presents with, or is suspected of, self-harm
- Provide 'sign-posting' to support services

'The stigma associated with self-harm is unhelpful and prevents young people getting the support and information they need to find more positive coping strategies'

- Truth Hurts (Mental Health Foundation 2006)

Further information / Contact details:

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