

Notts Parents and Children Together
(PaCT)

Bulletin

GYMNASTICS AND TRAMPOLINING

Gymnastics and movement for people with disabilities
Coaching from a fully qualified instructor

Saturday 24 April 3.30 - 4.30pm

(the class will continue every last Saturday of the month)

Joseph Whitaker Sports College, Rainworth

To confirm a place please ring Sports College Reception on 01623 795610

TIME OUT PROJECT

Run by Indigo Kids, Hucknall at High Leys Children Centre

One Saturday per month offering an autism friendly kids club and pamper sessions for parents

Events are free and run from 2 - 4 pm

Currently the kids club is full but parents are welcome to attend pamper sessions.

24th April - Facial Wand Therapy

22 May - Meditation Session

26 June - Colour Healing Therapy or Chakra Healing

Email indigokids@live.com

PARENTS' INCLUSION CONFERENCE

Run by Inclusion Services/Parent Partnership Service

Wednesday 9th June at Bestwood Lodge Hotel

Free conference for all parents and carers

If you would like us to send you the programme contact: susan1.harris@nottsgov.uk

Or helene.torr@ppsnotts.org.uk

There are both daytime and evening workshops and places go FAST!!

SMILE ASHFIELD

Smile is a special needs information and resource group - run for parents by parents

Forthcoming meetings:

Morven Park School 9 - 11.30 am 21st April and 16th June

Coxmoor Community Centre 9.30 - 11.30 am 29th April and 10th June

Braken Hill School 9 - 11.30 am 20th May and 24th June

For more information contact SMILE team on 0755 451 5857

FREE SPORTS ACTIVITIES IN RUSHCLIFFE

Sports and Activity Sessions for all young disabled people aged between 2 - 16 years

Every Sunday from 5th Sept to 19th Dec 2010

Activities include:

- Football
- Cricket
- Basketball
- Boccia
- Table Tennis
- Multisports

Sessions are fully supervised and all sports are delivered by fully qualified coaches. Parents/carers are not required to stay for children over the age of 5, however they can choose to do so should they wish.

Please note: Prior booking and registration is required.

Contact Information

Pathfinder Disability Sport
Rushcliffe Leisure Centre
0115 923 4921
<http://www.leisurecentre.com>

SPECIAL KIDS NOTTINGHAM

Gedling based support group for parents and carers of children with any additional needs. Meets informally one evening per half term at the Punchbowl Pub, Porchester Road, Carlton NG4 from 7.15pm

Just come along, you will find us on the left down the stairs as you enter the pub - or look for the teddy on the table

Next meeting Tuesday 27 April - 7.15pm

Contact details: specialkids@btconnect.com
Or find us on Facebook

RAINBOW GROUP

The Rainbow Group is one of the bases of the Nottingham City Parents' Forum, although County parents are very welcome too. Rainbow meets once per month on Saturday afternoons at the Children's Centre in the City Hospital; there is a separate group for parents run alongside a play session. Booking is essential due to staff/child ratios.

Contact Beverley.denby@hotmail.com or 07932 063796

RUSHCLIFFE PARENTS' GROUP

Meet on the first Monday of the month in the Student Support Centre at South Notts College, Greythorn Drive, West Bridgford from 7 - 9pm. Contact Paula Webb on 0115 914 9757 or Linda Jones 07974 675389

D4C (Debz4Coffee) QUIZ NIGHT!!

Popular fundraiser and social evening for all the family run by the Debz 4 Coffee support group. Friday 21st May at the Cherry Tree Pub, Calverton 7.30pm.

For more details contact Deb on deebra@msn.com